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**Parent Guide to the Senior School**

The Senior School is the culmination of your daughter’s schooling. At the conclusion of this part of her schooling journey she will be expected to participate fully within society as an adult. As she moves through the Senior School she is expected to show greater independence and self-reliance in her education; taking greater responsibility for herself, her work and the School community. She is expected to demonstrate respect for herself, others, the School and the wider community. Your daughter is embarking on an exciting journey through which she will develop the knowledge, skills and resilience to craft her future.

The Senior School journey for parents can also be a challenging time. It has been referred to as the white water rafting years, with patches of turbulence along with some stretches of calm. There is a large team of staff including: teachers, Heads of House, Heads of Year, Careers Counsellor, Head of Curriculum, Student Counsellor and Head of Senior School who can guide your daughter and you through this time. I encourage you to keep lines of communication open with your daughter, her teachers, her Head of Year and other members of the School community.

Your daughter will experience both challenges and successes as she embarks on this final stage of her schooling journey. We look forward to supporting your daughter through this significant time of her life as she deals with specialisation in subjects, increased rigour and opportunities for developing her leadership skills throughout the year. Should you have any concerns for your daughter, please contact the relevant Head of Year.

**For Year 10: Alexa Wood**  
Alexa has been at St Hilda’s School since 2012. She arrived at St Hilda’s School in 2012 from Western Australia where she was Sports Coordinator at Bunbury Catholic College, to take up the role of Director of Sport while Jemma Trendler was on maternity leave. Since then Alexa has taught PE, Science and Business Finance and Management. **Alexa can be contacted on 55777223, or alexawood@sthildas.qld.edu.au.**

**For Year 11: Tim Crowe**  
Tim recommenced with St Hilda’s at the beginning of 2012. Tim teaches Mathematics in the Middle and Senior Schools and is responsible for the Year 11 Character, Leadership and Development program. In addition, Tim has marked the Queensland Core Skills test and been a member of the Mathematics B Panel. **Tim can be contacted on 55777220, or tcrowe@sthildas.qld.edu.au**

**For Year 12 and any other Senior School matters: Caroline Brodar**  
Caroline has been Head of Year 12 for many years at St Hilda’s School, and is also the Head of Senior School. In addition to teaching Mathematics, Caroline is an experienced Queensland Core Skills Test marker and manages the running of QCST at the school. **Caroline can be contacted on 55777282, or cbrodar@sthildas.qld.edu.au**
Communication

Newsletter

Please stay in touch with what is happening at St Hilda’s School by reading the Newsletter, which is published on the website each Wednesday. Please check the St Hilda’s Correspondence email and Parent Lounge for further updates regarding activities as well as the many other links on the website.

Senior School Expectations

Respect and Responsibility underpin the philosophy of the Senior School.

In the Senior School, we are all expected to:

- show respect at all times through our interactions and communication with others
- show respect for our school community and its ideals
- accept responsibility for our words and actions
- learn from our experiences
- have calm, meaningful conversations, especially in situations of uncertainty or perceived difference
- value and develop our own talents and strengths, simultaneously developing those areas in which we have limitations
- endeavour to live our lives with integrity and honesty
- strive for resilience. We will draw on our inner strength and the support of the school community to achieve this.
- become creative thinkers and problem solvers who strive to understand the world from multiple perspectives
- find a balance amongst the academic, physical, spiritual, artistic and social elements of our lives.

Arriving to Class and School on time

It is important that students arrive at school by 8am to ensure they are ready and organised to commence class at 8.20am. Students are expected to be at class on time. Class times can be found on the next page.

Students who arrive late to school (any time after 8:20am) must sign in at Student Reception. They will each be given a slip which must be presented to the teacher on arrival to class.

Students who arrive late to Period 1 (i.e. after the bell) will be asked to go to Student Reception to get a late slip. This will occur even if the students were present on the school grounds at or before 8:20am.

The roll is marked at the start of each class. Students who are late to class after Period 1 should apologise to the teacher for being late and explain why. They may then be required to go to a nearby reception area (e.g. Senior Centre or Student Reception) to advise they are present at class.
## Class Timetable

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<tr>
<th>PERIOD</th>
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<th>WEDNESDAY</th>
<th>FRIDAY</th>
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<th>TUESDAY</th>
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<tr>
<td>PERIOD 1</td>
<td>8.20 - 9.20</td>
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<td>PERIOD 1</td>
<td>8.20 - 9.20</td>
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<td>PERIOD 2</td>
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<td>9.20 - 10.20</td>
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<td>PERIOD 3</td>
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<td>PERIOD 4</td>
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<td>PERIOD 3</td>
<td>10.40 - 11.40</td>
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<td>PERIOD 5</td>
<td>11.55 – 12.50</td>
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<td>PERIOD 4</td>
<td>11.40 - 12.40</td>
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<td>LUNCH</td>
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<td>PERIOD 6</td>
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<td>PERIOD 7</td>
<td>2.30 -3.25</td>
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<td>PERIOD 6</td>
<td>2.25 - 3.25</td>
<td>MS/SS Assembly/Chapel</td>
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<td>Week B: MS and SS Assemblies</td>
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<td>House Meetings</td>
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### Pastoral Care Groups

After a review of our current practice last year, it was decided to revamp the Form Classes. This year will see the introduction of multi-level pastoral care groups based on Houses. This provides the opportunity for the Pastoral Care Teacher to get to know her students well as they progress together through the various stages of Middle and Senior School. It is a built-in peer support system with the older students mentoring the younger ones and providing an atmosphere of security and care whilst listening to their needs. There will be between 10-12 girls per group. It will also enable mentoring of the younger girls by the staff member. It is designed to build a sense of belonging to the tutor group and further enhance House spirit. Smaller groups will provide an opportunity to discuss issues and concerns, to learn from shared experiences, and enhance supportive behaviour.

The Objectives of this Pastoral Care group are:
- Relationship Building – Teacher/Student+ Peer
- Academic Monitoring
- House Identity
- Personal Mentoring
- Cross Year Level connection
- Tracking of Co-Curricular activities
- Fostering leadership, building self-esteem and learning how to resolve conflict
- Enabling Community Service
- Developing Resilience.

(23/01/14)
The framework of this initiative does not take from any curriculum time but utilises the time from Roll Call at the end of each day and moves to the morning just before recess, three times a week for 20 minutes on Monday, Wednesday and Friday. Tuesday will continue with Years 7-12 Chapel/Assembly and Thursday Week B will be Middle & Senior School Assemblies / House Meetings.

**Student Absences**

**Attending the Health Centre during the School Day**

- **Day Girl**
  - If a Day Girl needs to visit the Health Centre, the Class Teacher will give her a permission slip to take to Student Reception. Student Reception will then sign the slip and update student attendance records. When the student is ready to return to class, Sister will sign the slip for the student to return to the Class Teacher.
  - If a Day Girl goes directly to the Health Centre without a form, Health Centre staff will send her back to Student Reception.

- **Boarder**
  - Boarders may report directly to the Health Centre. They should also have a student permission slip from the Class Teacher.

**Short Absences from School**

Where possible, students should not leave School during the school day. However, if they have a significant appointment, the School should be advised in writing, in advance.

- **Day Girls** should bring an explanatory note signed by a parent to Student Reception before school. Student Reception will provide them with a permission slip to show their Class Teacher to enable them to leave class. Students must then be signed out at Student Reception by a parent or guardian.

- **Boarders’** parents should email or fax the information to Boarders’ Reception. Boarders will then collect a permission slip from Boarding Administration to give to their class teacher to enable them to leave class. They will then sign out from Boarders’ Reception to the care of a parent or approved host.

- No student should call her parents to collect her during the day. The Health Centre is available to attend to immediate health issues. Parents will be contacted by a member of staff should a student need to go home unexpectedly.

**Extended Leave of Absence**

Time away from the school day in the senior years can place great pressure on students as they try to catch up independently. For this reason, leave is not normally granted during term time unless there are extenuating circumstances. If your daughter requires an extended leave of absence from the academic program, please send the request by email. Parents of Day Girls should contact Mrs Caroline Brodar at cbrodar@sthildas.qld.edu.au, while parents of Boarders should contact both Mrs Caroline Brodar and either Mrs Gayle Churchill gchurchill@sthildas.qld.edu.au or Mrs Alison Mazey amazey@sthildas.qld.edu.au. Please note that
extensions for assessment are only granted when there is a medical certificate or mitigating circumstances.

It is your daughter’s responsibility to catch up on work missed. She is expected to communicate with her teachers and Head of Year prior to leaving regarding work missed. Extensions are only granted for illness, so all due dates for assessment items will stand.

Academics

Homework and Study

In the Senior School it is important that the students understand the difference between homework and study. Homework is those tasks that teachers set for completion or assignment work. Study is often not actually set by teachers. It is the revision of facts and concepts and the practise of routines that reinforce learning. Without study, one day after a lesson students can typically recall only 20-50% of the content. Without study, this learning drops to only 2-3% within a week! By studying each night and revising the concepts taught in class, the learning retained can be increased to nearly 100%. Girls should aim to do about 10 minutes of study on each of the lessons held that day. In total, they should be completing at least 90 minutes of homework/study at Year 10, and at least 2 hours at Year 11 and 12 each night at this point in their schooling.

Homework is best conducted in a quiet public space, with MSN, Facebook and other social intrusions switched off.

The Senior Library is open until 6pm from Monday to Thursday and 5pm on Friday for all students who may wish to use it.

Tutorials

All students are encouraged to do their very best in all their subjects. Girls who aim to improve their grades should consider attending tutorials. There are 14 tutorials held in the Senior School each week across a wide number of subjects. They will be advertised early in Term 1 and the timetable will be displayed on the Senior School noticeboard. These tutorials can be of great assistance in helping girls reach their academic goals.

Assessment Extensions

In the Senior School, the issue of equitable assessment conditions becomes very important. No student wants to feel unfairly disadvantaged by another gaining undeserved extra time. For this reason, assessment dates are published well in advance (via the Outlook calendar and on the web) and students are expected to submit tasks in a timely manner. Conversely, we need a system with flexibility to accommodate the genuine difficulties students unfortunately face at times.
If your daughter is absent for any assessment or if there are extenuating circumstances, please notify the Senior School immediately. In addition, a medical certificate (in the case of illness) or other documentation is required. Upon your daughter’s return to school she is expected to speak with her Head of Year and collect an extension form. This form must be completed and is subject to approval by both the Class Teacher and the Head of Faculty.

In other circumstances necessitating a request for absence from the scheduled assessment, please speak with your daughter’s Head of Year or the Head of Senior School.

Test Block

Each year level will have a variety of assessments due each term. Years 11 and 12 have Test Block every term, often in the last 2 weeks of each term. Year 10 students will undertake Test Block at the end of Term 2 and Term 4. During this time, students are only required to be at school for their scheduled tests. Students are expected to be in School uniform when at school during Test Block. Senior Jerseys may only be worn during Test Block on Fridays (Jersey Day) and the two days of the QCST.

Please be aware that some girls find their first Test Block to be intense and demanding. To prepare, it is important that they should be completing approximately 90 minutes of homework and study each evening. Homework includes completing activities from class and additional tasks set by the teacher. It may include working on assignments. Study is revision of work. Regular revision will ensure that learning is retained over time (and minimise stress at exam time!).

KEEP CALM AND FINISH THE BLOCK EXAM

Change of Subjects

Year 10 is the completion of electives that are structured as two-year courses. The students should have approached these studies with a sense of commitment and so it is unlikely that there will be a need for changing subjects.

Years 11 and Year 12

While the girls were very thorough in moving through the SET Plan process during Year 10, sometimes they change their minds about enrolling in a subject. Also, occasionally a student joins a subject only to find it was not what they anticipated. As students need to complete whole semester units for their QCE, changes may be made in the first 2 weeks of each semester. However, they are welcome to see the Head of Senior School, the Head of Curriculum or the Careers Counsellor at any time before the end of term to plan for such a change.

The exception to this principle is students who wish to change from Maths B to Maths A at the end of Term 1; girls wishing to do so should discuss this with their Maths teacher and then see Mrs Caroline Brodar, Head of Senior School.
Process to Change Subjects

An initial discussion can be held with Mrs Carol Baker, the Careers Counsellor, Mr Tony Daley, Head of Curriculum, or Mrs Caroline Brodar, Head of Senior School. Students can then collect a Variation to Set Plan form, complete it and return it to Mrs Brodar for processing. Once processed, a new timetable will be emailed to your daughter who will then be able to move classes.

Students who are interested in undertaking a School-based Traineeship should contact Mrs Carol Baker, Careers Counsellor.

Study periods

Students who undertake a traineeship or an extension subject in Year 12 will have a study period in their timetable.

The following guidelines are put in place to ensure that all students are using their time productively and that they are being supervised at all times.

Guidelines:

- Students must sign in the book held in the Senior School Centre at the START OF EACH STUDY LESSON.
- Each student must designate the area of the school that they will be working in. They are to stay in that area for the rest of the study lesson. Students must not be wandering around the School grounds.
- Students are not allowed to sit outside within the School grounds during study periods.
- Areas of the school that students may work in:
  - Library
  - Art room – permission from Art teacher is required.
  - Multi-Media room – permission from Multi-media teacher is required.
  - Careers room – permission from the Careers teacher is required.
  - Common Room (Year 12 only)
- Students are expected to work productively during their study period. They will be checked on during the lesson by a member of staff.
- Students will report to the Senior School:
  - if they need to go to the Health Centre, or
  - before going to Student Reception to sign out prior to leaving the school for an appointment etc.
- Students who consistently misuse their study period will have an interview with the Head of Senior School.

Student Welfare

Maintaining Balanced and Healthy Lives

While the senior years of schooling are demanding, students are always urged to lead balanced and interesting lives. It is expected that the students will involve themselves in at least one co-curricular activity, be it sporting or cultural – each term. Indeed, experience shows that successful students are usually involved in many activities.
Developing Leadership

It is the School’s desire that all of our girls display leadership qualities and indeed be leaders in whatever field of endeavour they wish to move into in their lives beyond school. They will have many opportunities to develop their leadership potential through courses offered at the School including Year 10 Retreat, special program days and the Year 11 Mentoring program. Girls will also be called upon to volunteer for committees that help shape the culture of our Senior School. Students in the Senior School should take full advantage of these opportunities in preparation for leadership both at school and beyond. The process for selecting the following year’s student leaders will commence mid-year.

Interactions and Relationships

All interactions with students, teachers and staff must occur in a manner that demonstrates respect, kindness and manners.

If a student needs to leave the class room for any reason, she must firstly gain permission from the Classroom Teacher. If the student cannot provide a valid reason to leave the classroom, the teacher will be unlikely to grant this request.

A student must ask permission from her Classroom Teacher to use her iPod in class. It is a requirement (even where permission to use an iPod has been granted) to remove an iPod when a teacher talks to the student or to the class in general.

Students are expected to comply with requests from their teachers regarding participation, behavior, uniform or any other matter.

Uniform and Personal Presentation

Students are expected to wear their uniform correctly. Uniform expectations can be found on page 26 in the Student Diary.

The appearance of the girls reflects on each student and on our School as a whole. The girls should check that each aspect of their uniform and grooming meets school requirements and displays pride in St Hilda’s School. Girls must wear hats to and from school, and any time that they are in the sun. Being sun safe in our climate is important for long-term health and skin care. Girls should not wear make-up at school and are reminded that only one pair of earrings (plain, small metal studs or sleepers) worn in the lobes, are allowed. Clear plastic earrings are not permitted.

All Senior School students are to use a St Hilda’s School bag. If a student requires another bag, the available options are the St Hilda’s sports bag and/or a St Hilda’s tote bag which is designed to carry the iPad and other essentials to class.

The HPE uniform may only be worn when a student has a HPE class timetabled. It may not be worn to and from School. Students are to change into and out of the HPE uniform in break times so they are not wearing their HPE uniform for more than 2 periods (eg: If you have HPE in Period 4, you would get changed into it at morning tea and changed out of it at lunch time). HPE uniforms cannot be worn to Chapels or Assemblies.
Blazers are the outer wear in cooler weather; jumpers may be worn underneath. Jumpers cannot be worn as the outer garment when arriving or leaving the school grounds. Blazers are expected to be worn on Tuesdays for Whole School Assemblies and Chapels.

Senior Jerseys can only be worn on Fridays and on the two days of the QCST.

School Activities

All students are expected to participate in the many facets of school life at St Hilda’s. There are many benefits to be gained from participating in co-curricular, House and School activities.

Co-curricular Involvement

Co-curricular sport is a wonderful way to reduce stress, stay fit, and enjoy school life. Co-curricular activities give students opportunities to learn valuable life skills such as leadership, teamwork, organisation, motivation and negotiation. It is expected that students will involve themselves in at least one co-curricular activity, be it sporting or cultural – each term.

There is also a great deal of educational research to support the notion that students who are involved in co-curricular activities do better academically.

Supporting House Spirit

All students are expected to participate in House activities; these include swimming, cross-country, athletics, debating, plays and musicals. Students are expected to attend House meetings held every alternate Thursday after Senior School Assembly. They are also expected to attend House Dinners held each year in Term 4.

Supporting School Spirit

All Senior School students are expected to be either spectators or competitors at, at least two QGSSSA sporting events during the year: Swimming, Cross Country, Athletics, or Head of the River. Transport is provided to and from these events, from St Hilda’s School.

All students are expected to work for 2 hours at the School Fete

All students in Year 10 and 11 are expected to attend the Year 12 Student Chapel and Reflection Service and Speech Day. In addition, Year 11 Students are expected to attend the Year 12 Graduation and Year 10s are welcome to attend if they wish to do so.

All students are expected to support the Anglican ethos of the school by attending Assemblies and Chapels.
Fundraising

As an Anglican school, St Hilda’s School encourages students and staff to participate in charitable activities. These activities can have very positive impacts on the lives of others, the life of the School, as well as model Christian values.

Fundraising will be ‘not for ourselves alone’. As a school contributing to the wider community, it will be co-ordinated, focused and broad. Students should not expect School support for personal projects.

Student Committees

Opportunities exist for students to become members of various committees. In Year 10, students can be part of the Chapel Committee. Year 11 sees a number of shadow committees, e.g. Formal, Non Nobis Solum, Chapel, and Jersey committees. In Year 12 a number of the committees are run by the Prefect portfolios and, in addition, there are the Formal and Yearbook committees.

All students have the opportunity to be a Student Ambassador and help with School Tours and Open Days. There are also opportunities to be an usher at important School events such as Year 12 Graduation, Year 12 Student Reflection and Chapel Service and Speech Day.

Student Exchanges

Opportunities exist to enable Year 10 students to participate in an Exchange Program with schools from all over the world. Applications for this program are completed at the end of Year 9 and during Term 1 of Year 10. Please see Mrs Kate Powell, Exchange Co-ordinator for more details. All students are expected to keep up with some core elements of studies at St Hilda’s School. In order to assist this process, students are expected to complete a Negotiation of Class Work form. The form can be collected from either Mrs Kate Powell, Exchange Co-ordinator, Ms Alexa Wood, Head of Year 10, or Mrs Caroline Brodar, Head of Senior School.

Some Year 10 girls are given the opportunity to apply for the People to People Leadership Conferences in the USA, which occur at various locations often during the mid-year holidays the following year.
Senior School Policies

Electronic device guidelines

iPads and Laptops
The implementation in 2011 of compulsory iPads/laptops in the Senior School was a significant change in the way teaching and learning occurs at St Hilda’s School. Please check that your daughter’s equipment is labelled, including chargers. Padlocks are to be on lockers for secure storage for their iPad/laptop.

iPads/laptops should be taken home at the end of the day and charging the battery should be a part of your daughter’s nightly homework routine.

Mobile Phones
Whilst it is understood that most students own a phone and keep it with them during the school day, students are asked to use their phones in a manner which is both responsible and respectful. If there is a situation (emergency) where they need to use the phone during class time they are expected to communicate this with both their Head of Year and class teacher prior to the start of the lesson.

The following are the Electronic device guidelines for students:
- Mobile phones must be on silent during PC Group and lesson time
- The storage of all electronic devices is the responsibility of the owner
- A mobile phone or iPod must not be used in any manner or place that is disruptive to the normal routines of the School. Nor is it to be used as an antisocial device during break times
- No camera, filming or recording device or feature is allowed to be used without permission from the School
- A mobile phone, camera or voice recorder should not be taken into change rooms or toilets or used in any situation that may cause embarrassment or can be viewed as an invasion of privacy to fellow students, staff or visitors to the School
- Using a mobile phone to bully and threaten other students is unacceptable and will not be tolerated. Serious consequences will be actioned
- Under no circumstances should students use a personal mobile phone to contact home to make arrangements to leave school. If you are feeling unwell or you need to contact home for any reason, please do so through the Health Centre, Student Reception, or Middle or Senior School Reception
- Students must seek permission from their teacher to use mobile phones or iPods during class time
- If a mobile phone or iPod is used inappropriately the owner will be held responsible for its use, even if it has been used inappropriately by someone else
- If the above guidelines are not followed, the item will be securely looked after in the Senior School Centre. The item can be collected from the Senior School Centre after speaking with the Head of Year at the conclusion of the school day.
Student drivers

Students are allowed to drive a car to school and park within the School grounds. They are expected to familiarise themselves with the guidelines associated with this privilege. In the first instance they should complete a ‘Use of Cars’ form from the Senior School Centre and return the completed and signed form to the Head of Senior School. Written acknowledgement of their permission to drive to school will be emailed to both the student and parent.

Your daughter should be familiar with the guidelines:

- Parking for Student Drivers is via Gate 13 Whitby Street. Parking is available on the grass near the Maintenance Shed, after passing through the coloured poles near the Maintenance Shed.
- Student Drivers are NOT allowed to park anywhere else in the School. Be aware that Spencer/Water Street is now regulated parking and vehicles may not park there for long periods of time.
- There is to be no movement of cars from the Student Car Park area unless Student Drivers are attending Autumn Fixtures away-games, or on an excursion that returns late in the afternoon. In such cases, permission is to be sought from the Head of Senior School and, if given, students may move their car at lunchtime to the Visitors’ Car Park near Gate 7.
- The Car Park off Whitby Street is the drop-off zone for the Junior School and is extremely busy in the morning and immediately after school. Student drivers are asked to exercise extreme caution at all times when driving through the Car Park.
- Student drivers are only allowed to drive their sisters to School (with parental approval).
- Student drivers are not allowed to drive friends or neighbours
- Gate 9 Spencer Street is restricted to construction vehicles only.

References

At the completion of Year 12, each girl will receive a Reference from the School along with her record of achievements in the Senior School.

If your daughter requires a Reference earlier in the year she should speak with the Head of Senior School providing details of what the Reference is for and allowing adequate notice for the Reference to be written.

Year 12 Early Release – Friday Week A

Year 12 students have the privilege of finishing school at 2.20pm on Friday in Week A except during Autumn Fixtures, when it may occur on Friday in Week B. If they need to stay at School they are welcome to do so and may stay in the Year 12 Common Room or the Library, after signing in at the Senior School Office.
Student Involvement

Students will receive a copy of the Student Involvement Passport below and are expected to continually update it. It will be submitted once a term to the Head of Year who will keep a record of the student’s level of involvement in school activities.

Senior School Student Involvement Passport

Co-curricular sport is a wonderful way to reduce stress, stay fit, and enjoy school life. Co-curricular activities give you opportunities to learn valuable life skills such as leadership, teamwork, organisation, motivation and negotiation. It is expected that students will involve themselves in at least one co-curricular activity, be it sporting or cultural – each term.

There is also a great deal of educational research to support the notion that students who are involved in co-curricular activities do better academically.

As a member of the Senior School community you are expected to participate in a number of aspects of Senior School:

- Participate in co-curricular activities
- Support the school by attending QGSSSA events as either a spectator or competitor,
- Support school events such as the TEDx, Fete, Student Chapel and Reflection Service and Graduation.
- Support School fundraising and/or awareness projects

Co-curricular activities

Each student is expected to participate in one co-curricular activity per semester. Please indicate which co-curricular activities you plan to undertake. You will need to sign up for these activities individually.

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<tr>
<th>Activity</th>
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QGSSSA Participation/Spectating Events

Each student is expected to attend and assist at two of the following QGSSSA Inter-School events. (In Years 10 and 11, students are expected to attend QGSSSA Athletics and one other). Permission for attendance at these events will go on Parent Lounge prior to the event. School uniform is to be worn to these events.

Prefects are expected to attend all events.

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 2</th>
<th>Term 3</th>
<th>Term 4</th>
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<tbody>
<tr>
<td>Wed 5 Mar</td>
<td>Sat 17 May</td>
<td>Sat 30 Aug</td>
<td>Fri 10 Oct</td>
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<tr>
<td>QGSSSA Swimming at Chandler, Brisbane.</td>
<td>QGSSSA Cross Country at Rivermount College, Yatala.</td>
<td>Rowing – BSRA Head of the River at Kawana.</td>
<td>QGSSSA Athletics at UQ</td>
</tr>
<tr>
<td>Competitor or Spectator</td>
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<td>Competitor or Spectator</td>
<td>Competitor or Spectator</td>
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</table>

Compulsory for Year 10 & 11

House Activities

Each student is expected to participate in a number of House Activities.

*Please indicate which co-curricular activities you plan to undertake. You will need to sign up for these activities individually.*

- ☐ Swimming
- ☐ Cross-country
- ☐ Athletics
- ☐ Musical (cast or production)
- ☐ Plays (cast or production)
- ☐ Debating

Student Committees

Students can participate in student committees. Applications for various committees are sent out a various times throughout the year.

*Please indicate which committees you plan to undertake. You will need to sign up for these activities individually.*

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<thead>
<tr>
<th>Committee</th>
<th>Day(s)</th>
<th>Time(s)</th>
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The School Motto, ‘Non Nobis Solum’ – Not For Ourselves Alone, is an important principle that guides the School’s community service activities. Service to others is strongly encouraged allowing students to demonstrate integrity, empathy and compassion contributing to the well-being of others, locally, nationally and globally.

**Community Service Activities Form**

You can belong to:

- ☐ Amnesty International
- ☐ Non Nobis Solum Committee
- ☐ Senior School Coffee Shop
- ☐ Student Ambassador

You can participate in or donate to:

- ☐ Meals on Wheels Easter egg drive
- ☐ Kmart wishing tree
- ☐ School of St Jude
- ☐ Free dress days for charity
- ☐ Donate blood
- ☐ Ushering at school events

You can also help the St Hilda’s community by:

- ☐ Coaching Junior sports teams
- ☐ Coaching Junior debating teams
- ☐ Tutoring younger students
- ☐ Other activities

_____________________________________________________________

In what other activities are you involved? (For example, regular tutorial attendance, part-time work, outside training commitments, leadership roles and committees).

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