We are able to cater for special dietary requirements, just ask or have a look at the special dietary menu on the web.

**St Hilda’s 2015 Tuckshop Menu**

Following the smart healthy choice guidelines

**Breakfast 7.45am – 8.20am**

- Fresh Fruit Salad: $3.00
- Greek Yoghurt: $3.00
- Crunchy Yoghurt (with musili & fruit): $2.20
- Hard Boiled Egg: $0.60
- Fruit Toast: $1.20
- Toasted Sandwich: Asst

**Freshly Made Sandwiches, Rolls & Wraps**

- Salad: $4.30
- Cheese & Salad: $4.50
- Egg & Lettuce: $3.20
- Chicken: $3.60
- Chicken & Cheese: $3.80
- Chicken, Cheese & Pineapple: $4.10
- Chicken, Cheese & Tomato: $4.10
- Chicken, Lettuce & Mayo: $4.30
- Chicken & Salad: $5.30
- Cheese: $2.60
- Cheese & Tomato: $3.00
- Cheese & Vegemite: $2.80
- Ham: $3.30
- Ham & Cheese: $3.80
- Ham, Cheese & Tomato: $4.00
- Ham, Cheese & Pineapple: $4.00
- Ham & Salad: $4.90
- Vegemite: $2.10
- Chicken Caesar Wrap: $5.20
- Plain Roll: $1.20
- Toasted Sandwiches – available extra: .30c

**Salads – a smart healthy choice**

- Garden Salad: $4.00
- Caesar Salad: $4.70
- Greek Salad: $4.50
- Roast Pumpkin and Fetta: $5.00
- Chicken Salad: $5.50
- Ham Salad: $5.50
- Chicken Caesar: $5.50
- Tuna & Pasta Salad Tub: $3.50
- Guacamole Dip Plate: $3.00

**A variety of hot meals available at lunch**

- Noodle Cups: $2.70
- Mrs. Mac’s Good Eating Pie: $3.70
- Mrs. Mac’s Good Eating Potato Topped Pie: $3.30
- Mrs. Mac’s Sausage Roll: $2.20
- McCain Pizza: $3.20
- Hot meals: $4.30
- Crispy chicken strips (3) with sauce: $3.00
- Steamed Dim Sims (3): $3.00
- Chicken Burrito’s: $4.50
- Fish and Wedges: $5.00

**Variety of hamburgers**: $5.50

- Beef and salad burger
- Chicken and salad burger
- Char grilled chicken and salad burger
- Vegetarian Pattie and salad burger

**Special Treats**

- Ice Poles – from: $0.80
- Light Custard tubs: $1.70
- Muffins or slices - from: .50
- Sushi from: $4.30
- Mainland Cheese to Go Light: $1.70

**Drinks**

- 600ml water: $2.00
- 1ltr water: $3.00
- Juices from: $2.00
- Large juices: $3.00
- Fruit Juice Popper’s: $1.80
- Flavoured milks from: $2.00
- Ice Breaks: $3.20
- Up & Go: $2.20

**“Green food rating items are healthy & readily available.”**

**“Amber food rating items are only available in limited supplies.”**

Check out the daily specials board for great daily specials like scrumptious burgers, specialty salads and wraps in the warmer months or hearty soups, open toasted sandwiches and warm toasted wraps.

Come in and place an order at breakfast or morning tea, it will be waiting for you at lunch.